



**12:00 Noon**

Name: \_\_\_\_\_

**\$3.50 Contribution**

Monday	Wednesday	Friday
<p><b><u>Please Make Reservations</u></b> <b><u>Two Weeks In Advance</u></b></p> <p><b>All Lunches served at the Pittsford Community Center CALL 248-6235</b></p>		<p><b>PLEASE CIRCLE DATES YOU WANT TO RESERVE FOR LUNCH</b></p>
<p>Grilled Chicken Breast <b>2</b> Rice Green Beans w/Peppers Trail Mix <i>Lifespan Financial Wellness</i></p>	<p><b>4</b> Pork with Gravy Mashed Potatoes Prince Edward Vegetable Blend Apple Juice Cookie</p>	<p><b>6</b> Stuffed Shells w/ Sauce Tossed Salad w/ Italian Dressing Crusty Roll Sherbet</p>
<p><b>9</b> Salisbury Steak w/ Gravy Mashed Squash Cauliflower Dinner Roll Brownie</p>	<p><b>11</b> Meat Lasagna Tossed Salad w/ Dressing Italian Blend Vegetables Dinner Roll Sherbet</p>	<p><b>13</b> <b>SALUTE TO SENIORS HOLIDAY BALL</b>  <b>NO LUNCH SERVED</b></p>
<p><b>16</b> Chicken Sausage on a Bun w/ Peppers &amp; Onions Roasted Potatoes Corn Apricots Pudding</p>	<p><b>18</b> <u>Holiday Meal</u> Steak Diane Scalloped Potatoes Green Beans (Almandine available) Dinner Roll Holiday Cookie <i>SHS – Holiday Music</i></p>	<p><b>20</b> Swedish Meatballs over Rice California Blend Vegetables Peaches Sherbet</p>
<p><b>23</b> <b>HAPPY HOLIDAYS</b>  <b>NO LUNCH SERVED</b></p>	<p><b>2</b> <b>HAPPY HOLIDAYS</b>  <b>NO LUNCH SERVED</b></p>	<p><b>2</b> <b>HAPPY HOLIDAYS</b>  <b>NO LUNCH SERVED</b></p>
<p><b>30</b> Pasta &amp; Meatballs in Sauce Tossed Salad w/ Italian Dressing Italian Bread Tropical Fruit</p>		<p><b>All Meals Served with Milk</b>  <b>Soup Served with Crackers</b></p>



**Certified by Michelle Koch Blood, RD – 9/20/2024**

No person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging.

